

## Easy Guide

Why  
Vedic Astrology  
is effective  
in practical life ?



**Pt. Vishnu Prakash Sharma**

**\*\*\*\*\* Thanks to Almighty Lord Vishnu and my parents \*\*\*\*\***



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## Preface

**'Namaste'!** I bow down to your soul. This small book on Vedic Astrology and its importance in our practical life is a sincere attempt to break the misconceptions with Astrology.

**Vedic Astrology was the first science.** Lunar cycles, in particular, are what followed our forefathers to discover the best time for the planting of crops. Hindu festivals and occasions are also based on the Lunar cycle.

To appreciate and fully understand the vitality of astrology we need to believe in the Doctrine of Reincarnation and Karma (as Bhagwad Gita). We all are born with constituents of planets as per our previous life Karma with a fate plan written by God at our time of birth. Realizing this should give you enormous peace and solace. The God knows about you, loves you and cares about you.

Astrologer shows us an insight into the Karmic patterns that are going to unfold with time. Deep analysis tells us our aim of being in this life, what our real potential is, the challenges that we need to face. We want answers. Astrology not only provides answers, it also provides solutions and remedies.

**Please do read the book with an open mind and share your views.**

**- Pt. Vishnu Prakash Sharma**



## Vedic Astrology

**'Vedic Astrology is based on the same principles of Yoga, Ayurveda, and the other Vedic Sciences. Yoga comprises of physical and mental practices to discipline mind and body. Ayurvedic medicines and treatments harmonize the individualized mind/body constitution (Prakriti) balancing the five elements for proper physical functioning. Believed to be the eye of the Vedas, Vedic Astrology plays a unifying role in the enlightened sciences given to us by the ancients.'**

*-Astrologer, Ryan Kurczak*

Ryan is a highly experienced Vedic Astrology faculty and an astrologer with students and followers worldwide.

**Vedic Astrology reveals the "Soul DNA" by making us aware of the:**

1. Self-defeating tendencies (weakness) we may not be aware of so we gain control of our situation.
2. It shows that the strengths (capabilities) we have to build on for success in life and the timings to unfold major events.

Vedic Astrology points beyond the current personality we have and shows that how our personality can be enhanced with time to achieve our personal financial, educational, and spiritual goals in life.



## Vedic Astrology enlightens our life path

**Vedic Astrology can be vital guide in all major goals of our life;** education stream, career, business sector, marriage partner, abroad settlement, vastu problems and many others life's important decisions.

**We as human beings incarnate to fulfil four main purposes in life:**

1. Best of livelihood in accordance with our abilities.
2. Capability to have resources to our needs and desires.
3. Strength to face up and downs of life.
4. Understanding of nature's architecture and be a vital part of same.

The main purposes are outlined and comprise of our major goals in life; but is it easy for everyone to have that strength to face up and downs. Bad circumstances act like stigma where one is struck and can't find the way out; Struck in a bad job, an unhappy marriage, losses in business, average education and academics.

**Vedic Astrology guides you into the areas of life that are fully supported and that you might be willing to go but not fully confident. It can also show areas that are weak and need immediate strengthening through the remedial measures.**

### **Business**

Imagine you are interested in moving to a new country or starting a new business. Success for that endeavour is indicated in the chart, but the right time to start is after three years. So what if you move now ahead and struggle for coming years.



## Education

Astrological guidance helps parents to select the right subject for their children right from the beginning. Some students are also seen quite confused about selection of the subject they want to study. Planets in the natal chart of an individual can indicate the type of education and profession that could suit one the best.

## Career

Astrology reveals the inclination of an individual towards a particular field and it helps in finding out the suitable sector of career or livelihood by going through the horoscope. It can also indicate which profession will bring success and fortune.

## Marriage

Marriage is a sacred bond which creates the relationship as wife and husband. Marriages are made in heaven. Is it true? Of course, to some extent. It is the destiny that acts, however the individual horoscopes or birth chart will reveal about their Married life too.

## Wealth

The financial status and/or wealth of a person can be judged via various means; Vedic Astrology can also play a reasonably supportive role in this regard, Many combinations and yoga are considered in a Horoscope to judge how *wealthy* a person would be.

**Please note:** Vedic Astrology is to guide on the right path and right time. Looking for the position of the planets for answers to every decision made in life serves no purpose.



## Role of Vedic Astrologer

**The astrologer's job requires care and compassion.** Pt. Vishnu Prakash Sharma always says 'a good astrologer knows when to tell and what to tell and adds '*Pryaas Karte Rahiye*', means keep trying the luck will favour you very soon. He always motivates to be an active participant in life by working smart and make the most of life and keeping planets in sync.

### A Vedic Astrologer's role is:

1. to listen and understand client's situation, bringing to the light the hidden aspects of a client's life.
2. showing the way to success based on astrological influences.
3. to provide a map for harmonizing the four main purposes of human life (mentioned in the previous section).

### Needs Great Intelligence

An astrologer requires sufficient intellectual skills to comprehend the concepts presented. **In the words of Sri Yukteshwar,** "Astrology is too vast and complicated, both mathematically and philosophically, to be rightly grasped except by men of great intellect and nature. "

### A Pure Soul

Vedic Astrology is best practised by a person whose intuition(sixth sense) is highly developed. It needs meditation and yoga regime to be an enlightened astrologer which comes with the regular dedication of mind, body and soul.





## **Strong Mind**

Astrologers need to be mentally very very strong..reason being people comes to them more often when they are facing crisis, troubles or in despair. They share their pain and astrologer needs to listen with compassion and care. Astrologer sees the horoscope and with his intellect has to do the justification of telling predictions and suggesting remedies.

## **Comparing Astrologers with Software Analysis and Free Astrology**

**However, in today's digital world people think Vedic Astrologers role can be replaced with a software, how is it practically possible?**

It does no good for anyone, reading our own reports make us more confused, if negative they leads to depression. Let an enlightened astrologer do his work, he is more of a spiritual counsellor. Why we want to do his job when we have many endeavours to follow and let's not forget he his master in same.

**How can be of Free Astrology can be of any benefits? Speaking here on reports we see in magazines and newspaper?**

Such reports are very generalised and take only astrological signs under consideration, which incorporates a great chunk of the population worldwide. This is a disrespect to the individuality and circumstance of our life. What is needed is your exact birth time in order for an astrologer to make meaningful predictions. Accurate astrological predictions require your rising sign, as well as the location of all the other planets at the time of your birth.



## How Vedic Astrology is better than Western Astrology ?

### **Basic difference between the Vedic Astrology and the Western Astrology**

The basic difference between the two systems is that the Vedic zodiac is Sidereal and the Western is Tropical. In Sidereal astrology, the zodiac is aligned with 27 constellations or fixed star groups. Aries, the first sign of the zodiac, aligns with the first constellation, called Aswini. In the tropical zodiac, the point in space when the Sun crosses the earth's equator is the beginning point of the zodiac or Aries. There are many technical differences between the two and is quite complicated for a common man. Let us understand why Vedic Astrology is better for us.

**Western astrology emphasizes the psychological nature of the individual but lacks reliability for predicting future cycles and events. Although Vedic astrology also defines a person's psychological nature, it gives more focus on understanding when certain events are likely to take place.**

### **Vedic astrology gives a better view of:**

1. A person's karmic tendencies
2. When such tendencies are likely to manifest for that person.

The times of life events are shown through a detailed system of planetary time cycles, called "dashas." There is no corresponding method in Western astrology. Western astrologers who make a study of it, often find themselves moving to Vedic astrology because of its greater scope, depth and accuracy for predicting the future.



Vedic Astrology has much better hold on predicting future events and look better into opportunities and risks. The same reason has led many astrologers in developed countries to adopt Vedic Astrology. To name a few, **Dr David Frawley, Sam Gippi, Ryan Kurczak** are few.

**Dr David Frawley** is the founder and director of the American Institute of Vedic Studies in Santa Fe, New Mexico which offers educational information on Yoga philosophy, Ayurveda, and Vedic astrology. In 2015, he was **honoured by the President of India with the Padma Bhushan**, the third highest civilian award granted by the Government of India for "distinguished service of a high order to the nation."

## Best methodology in Vedic Astrology

### Rishi Parashara

**Sage Parashara was one of eighteen sages whose mission was to transmit the principles of astrology to humanity.** In ancient texts, it is mentioned that Lord Brahma, the creator of our present universe, transmitted astrological knowledge to his son Narada. Narada transmitted this to the sage Shaunika who in turn transmitted to Parashara. Despite the relevance and magnitude of any other system of astrology, Parashari System is most respected. Since most of the other systems of Astrology are comparatively new, it is much obvious that building literature, establishing credibility and allowing comprehensive credibility would require time and practice



## Vedic Astrological Remedies & Solutions

**Most of the Astrological remedies come from Ayurveda or at least have a correlation to Ayurveda.** A variety of measures that can be taken to strengthen or balance the energy and qualities of the planet. The Vedic scriptures suggest helping us heal difficult planetary energies. Pt. Vishnu Prakash Sharma recommends an individual as per his planetary positions remedies (individual or combination).

### Gemstones

One of the easiest Vedic Astrological remedies to implement with visible effects in some time; appropriate stones can be worn on a long-term basis or for the duration of the planets dasha. Gemstones should be of high quality and free of serious imperfections.

### Charity

The best part of charity is that it enables one to come out of his shell and care for other hunger, clothing, shelter. The lower section of society that needs to be uplifted; living a life deprived of basic needs. Charity brings in blessings for us straight from their hearts.

### Vedic Mantras

The chanting of a Vedic mantra is called "Mantra Yoga" or "Mantra Japa". Mantra chanting synchronizes the sound energy, breath, and senses. It is this chanting which produces a sound wave vibratory energy which is a very powerful energy and can be used to transform lives.



## **Fasting**

Fasting on a special day and occasions, as recommended by Vedic Astrologer, let your thanks to the deities and primarily God. The human body has its own disciplines (as per individual Doshas) and doing fasting it with utmost faith makes us more calm, conscious.

## **Poojas & Yajnas**

Poojas, when performed the right way or with the aid of a qualified pundit, is said to be very effective. There are Poojas and Yajnas for Gods and Goddesses which is very clearly prescribed in the Vedic Astrology science and remedies. Poojas along with positive mind are said to build inner strength and attitude.

## **Yantras**

Energized Yantra supplement the power of mantra and are as strong as the mantra themselves. If a mantra is the invisible driving force, the energized yantra is the visible means to gain power and wealth, eradicate negativity and illnesses, nullify the ill effects of planets, bring luck in life, enhance your capabilities.



## Planets in Full Expression and Through Limitation

The deepest and closest connection we have is to the planets in Vedic Astrology. The chart below shows the highest lesson and the lowest expression of each of the seven main planets as well as the North and South Nodes.

Planet	Full Expression	Through Limitation
Sun	Confident - consistent- integrity - vision	Egotistical, tyrannical, demanding praise, unreliable
Moon	Peace, Clarity of mind- selfless sharing	Volatile emotions, clinging, dependence
Mars	Focused energy - bold, courageous	Argumentative, Violent, Reckless
Mercury	Discrimination -flexible-skill-lighthearted	Over-stimulated, unable to adjust, gossipy
Jupiter	Hopeful, good judgement, expansive, philosophical	Greedy, Atheistic, Impractical, lack of Hope
Venus	Joy, Happiness, Beauty, Love, Devotion	Energy wasted on sensual pursuits, false pride, materialistic
Saturn	Determined, able to be alone, realistic	Sorrow, isolated, cold, ruthless, fearful, bitter
Rahu (north node)	Psychic, Purity/ transcendence of matter	Materialistic, addicted, attached, extreme personality
Ketu (south node)	Inward focus, desire of liberation	Explosive, critical, unforgiving, isolated, cynical

*(from the book Vedic Astrology and Yoga by Sam Geppi)*



## Hinduism & Vedic Practices

**Hinduism if it's understood in its true essence is one of the most practical and logical religion to follow. We don't have just Vedic rituals and practices to follow, in fact, they are meant to ease and enjoy the rasa of life.**

The Hinduism has the best management system that can be identified with the role of individual tasks and roles allotted to each of them. Same as in case of planets which rules our different chakras. Hinduism is not rigid as it portrayed to be by some mean people, it is meant for human welfare. Pt. Vishnu Prakash Sharma also adds that to gain something you have to sacrifice (leave) something. He guides to choose the favourable and avoid the unfavourable.

### **Eco-friendly rituals**

Astrological remedies are in itself comprised of all eco-friendly activities that include donating milk to banyan tree or tulsi, visiting temples early morning, mantra chanting, and yajnas. Yajnas boosts oxygen in the environment and adds positivity.

### **Vedas as Way of life**

The word Veda is derived from the root word, "vid" meaning to know. Thus, Veda means knowledge. The Vedas help humans to know their essential nature, understand their purpose in life and make the best of it. Vedas help humans to invoke the power of Gods to deal with the problems of the mortal world, death and disease. **Vedanga Jyotisha is one of the earliest texts about astronomy within the Vedas.**



## Quotes from Famous People on Astrology

**JP Morgan, America's first billionaire, said:** *"Millionaires don't use astrology, billionaires do."*

**Physicist Albert Einstein said:** *"Astrology is a science in itself and contains an illuminating body of knowledge. It taught me many things and I am greatly indebted to it."*

**Ralph Waldo Emerson said:** *"Astrology is astronomy brought down to earth and applied toward the affairs of man."*

**Hippocrates, the Father of Medicine said:** *"A physician without the knowledge of astrology has no right to call himself a physician."*

**Confucius taught his followers that,** *"Heaven sends down its good and evil symbols and wise men act accordingly."*

**Shakespeare said, in the person of King Lear..."The stars above govern our condition."** He follows that with *"I was born sir, when the Crab was ascending: all my affairs go backwards."*





## Final Words

So this brings to an end of this book. **We hope that you get a clear picture of how Vedic Astrology is helpful for humans and how one can get the best in life.**

Please do understand the role of Vedic Astrologer and choose the best as per your understanding and availability. Vedic Astrologer is a Guru and his relationship with your family will bloom with time and so your luck.

Myself Pandit Vishnu Prakash Sharma owns an online **Vedic Astrology Consulting firm Vital-Astro** and introduced Vitality Programs. The programs are personalised, affordable and easy to follow. You and your family are more than welcome. Our vision is to guide people and let them make the best of their life.



## Pt. Vishnu Prakash Sharma | Vedic Astrologer & Founder (Vital-Astro)

**Pandit jee is a highly experienced modern day Vedic Astrologer and a great human being.** Chief Vedic consultant and founding member of Vital-Astro, his vision to enlighten people following Guru-Shishya tradition and handholding. In today life chaos he recommends everyone to be under Vedic Guru Guidance for the lifetime.

Since 11 years since he is illuminating paths of 1000s of people (Yajman) in despair. To young students and career enthusiasts, he is more than a friend. **Pandit jee has been awarded Gold Medal (National level) along with many certifications in Vedic Astrology, Sanskrit, Palmistry, and Gemstones.**

Pt. Vishnu Prakash Sharma personally devotes hours to analyze every horoscope (Kundli); all his predictions and remedies come from the deep and precise understanding of an individual situation and Vedic literature.



To know more on the Vital-Astro consultation, please visit [www.vital-astro.co](http://www.vital-astro.co)

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